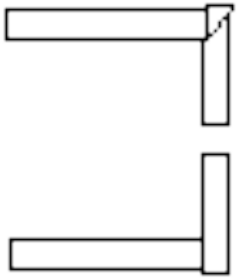
How to Make **Palm Crosses**

Pattern #1

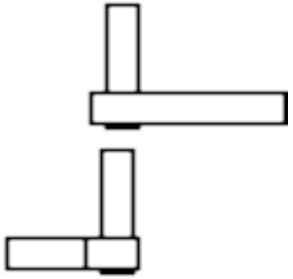
1. Hold the frond horizontally.

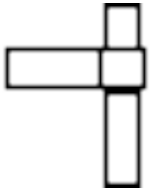
2. Bend the right end straight up from the centre to form a right angle.



3. Fold this same top strip, from the centre, back and down, up and over again, to form a square at the back. It will still be a right angle at this point.

4. a) Bring the left strip forward and fold over the centre towards the right.
   b) Fold away from you and pull through the square at back, all the way.

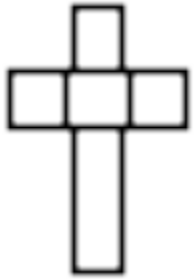




5. Bend the top strip forward and put the end through the centre square to make a shaft of desired length.

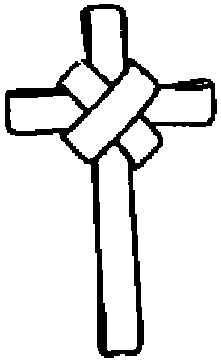
6. Fold left hand strip backwards and put through the back square. This makes the left crossbar and should be in proportion to the shaft.

7. Fold the right strip back, put through the back square and fasten.



Pattern #2

This one is probably much easier, particularly when teaching children.



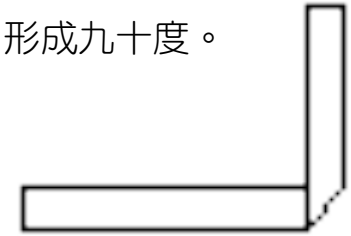
1. Take a palm frond about 1/2 inch wide and 13 inches and hold upright.
2. Fold the top down, away from you, and the bottom up, away from you, to form the shaft of a cross. Leave the bottom part long enough to do the rest of the steps.
3. Fold down this extra long end. Stop at the spot you want the crossbar to be. Twist to the right and then fold across the front to the left to create the crossbar.
4. Then, fold the rest behind to complete a crossbar of proportionate length to the shaft.
5. Take the rest and fold from the bottom right to the top left and under again from the bottom left to the top right.
6. Fasten the end through the back loops to lock.

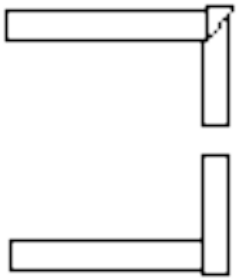
如何編製棕櫚樹葉十字架

第一種做法：

1. 將棕櫚樹葉放橫，如以下圖形。

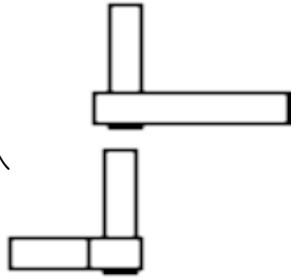
2. 從中間將右半邊豎著往上折，形成九十度。

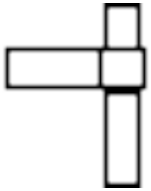




3. 將同樣的這一條從後面折下來，再折上去，現在後面應該形成一個正方形，仍舊形成九十度。

4. 將左邊葉条向右折，越過中間。再將同樣的這一條向後折，插入後面的正方形，拉直。

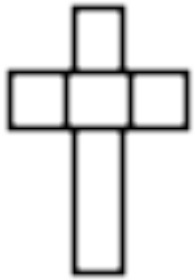




5. 將上面部分向前折下來，插入前面的正方形，直到長度合適作為十字架的下端。

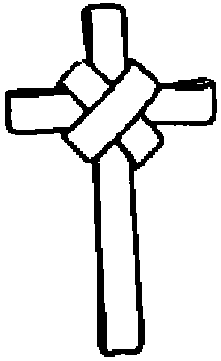
6. 將左部分向後折，插入後邊的正方形，這樣形成十字架的左翼，長度比例須要與竪的部分相符合。

7. 將右部分向後折，插入後面的正方形，繫好。



第二種做法：

兒童會覺得這個十字架做起來相對容易一點。



1. 竪起一條13英尺長，半英尺寬的棕櫚樹葉。
2. 將上部分向後折下，再將下部分向後折上，形成十字架的直桿。 往上折的部分應該留長一些。
3. 將剛折上去的部分往下折，在比例合適的地方向右折作為十字架右翼，夠長後將其從前面向左折去，越過中央部分，作為十字架左翼。
4. 再將余下的部分折到後面，十字架的橫條做好了。
5. 將余下的部分從右下角往左上角折去，再將它從左下角往右上角折去，這樣做一個交叉。
6. 把最後剩下的部分插在中間後面。