

## 2023/24 TOTAL GROWTH DISCIPLESHIP ON-LINE COURSE

(Hosted by VCBC English Congregation & Sponsored by CCM)

**Deadline: August 20, 2023**

### Synopsis:

31 weeks discipleship course developed and facilitated by Rev. Paul Chan over the past 20 years for people who desire to:

- Deepen their faith in prayer and Bible study beyond the clichés.
- Share their lives in a vulnerable and honest manner, and
- Cultivate an authentic Christian walk with other believers.

### This course:

- Is **Intensive as it is Extensive**—a total of 31 sessions of about 2 ½ hours each (7:00 – 9:30pm on Wednesday evenings). One half of each session would be for whole group review and discussions while in the other half, we would have further discussions and sharing in separate men’s and women’s sub-groups.
- Requires **Commitment for the entire course** – you have to sign a covenant to attend every session except in the case of an emergency. Requires setting aside a minimum of one-hour self-study daily in addition to your personal devotion times.
- Makes you **Read** – there are required readings from some excellent books, not necessarily intellectually sophisticated, but spiritually insightful.
- Is **Not Free** – While there are no fees for this course, it will require \$200 of investment in required books (consider it like building your own library) plus the cost for an overnight weekend retreat on March 31-April 1 (from Friday 6 pm to Saturday 2 pm)
- Is **Rewarding** – many people have used it and found it made an impact to their spiritual lives
- Covers: **Relevant subjects** which include a More Meaningful Prayer Life, a Deepen Understanding of Scriptures, Building Christian Marriage/ Parenting/Relationships, Servant Leadership, Evangelism/ Missions & Towards a Biblical Work View.

Pre-Registration is required by **August 20, 2023** in order for us to plan. If you have any questions, please contact either Winnie Lai-Fong or Pastor Brian.

Due to uncertainty surrounding the ongoing COVID-19 situation, the course will be conducted via Zoom every: **Wednesday evenings from 7:00PM – 9:30 PM from Oct 4, 2023 to May 22, 2024** (approx. 31 weeks with Winter Break on December 21 & 28, 2022; and Spring Break on March 22)

### Vancouver Chinese Baptist Church

7474 Culloden St. Vancouver (59th E. Ave. & Knight Street)

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### TOTAL GROWTH Course Book List

Common List for both Men and Women:

1. *Pray: Experiencing Awe and Intimacy with God* by Tim Keller
2. *Spiritual Leadership* by J. Oswald Sanders
3. *My Heart Christ's Home* by Robert Boyd Munger
4. *Improving Your Serve* by Charles Swindoll
5. *How To Read The Bible For All Its Worth* by Stuart & Fee
6. *How to Give Away Your Faith* (Updated) by Paul E. Little
7. *If* by Amy Carmichael
8. *In the Name of Jesus* by Henri J. M. Nouwen
9. *Every Good Endeavor* by Tim Keller

For Men only:

10. *Point Man: How a Man Can Lead His Family* by Steve Farrar
11. *If Only He Knew* by Gary Smalley

For Women only:

10. *The Power Of A Praying Wife* by Stormie Omartian
11. *For Better or for Best* by Gary Smalley
12. *A Mother's Heart* by Jean Fleming