

## PROPOSED OFFERING OF TOTAL GROWTH DISCIPLESHIP COURSE

(Hosted by VCBC English Congregation)

### Synopsis:

31 weeks discipleship course developed and facilitated by Rev. Paul Chan over the past 20 years for people who desire to:

- Deepen their faith in prayer and Bible study beyond the clichés.
- Share their lives in a vulnerable and honest manner, and
- Cultivate an authentic Christian walk with other believers.

### This course:

- Is **Intensive as it is Extensive** - a total of 31 sessions of about 2 ½ hours each (7:00 – 9:30pm on a designated weeknight. First half of each session would be for whole group review and discussions while in the second half, there would be further discussions and sharing in separate men's and women's sub-groups.
- Requires **Commitment for the entire course** – you have to sign a covenant to attend every session except in the case of an emergency. Requires setting aside a minimum of one-hour self-study daily in addition to your personal devotion times.
- Makes you **Read** – there are required readings from some excellent books<sup>1</sup>, not intellectually sophisticated, but spiritually insightful.
- Is **Not Free** – While there are no fees for this course, it will require about \$150 of investment in required books (consider it like building your own library) plus the cost for an overnight weekend retreat in November (to be determined).
- Is **Rewarding** – many people have used it and found it made an impact to their spiritual lives<sup>2</sup>.
- Covers these **Relevant subjects** for our times:
  - More Meaningful Prayer Life
  - A Deeper Understanding of Scriptures
  - Building Christian Marriage/Parenting/Relationships
  - Servant Leadership
  - Evangelism/Missions
  - Towards a Biblical World View.

You are encouraged to attend Pastor Paul's April 5 Sunday School class (11:30am in church basement) where he will provide further details on the course and answer your questions.

Pre-Registration is required by April 15 in order for us to plan adequately. Please detach and complete the registration form and sign the covenant below, and submit it to the office.

Tentative course schedule (to be confirmed): Wednesday evenings from 7:00PM – 9:30 PM at VCBC from Nov 4, 2020 to May 26, 2021 (Winter Break from Dec 17 - Jan 5; Spring Break from Mar 18-23).

**<sup>1</sup>TOTAL GROWTH Course Book List (estimated price per Amazon.com):**

Common List for both Men and Women:

1. Too Busy Not to Pray (US\$ 10.49) Bill Hybels
2. Spiritual Leadership (US\$ 9.17) J. Oswald Sanders
3. My Heart Christ's Home (US\$ 2.50) Robert Boyd Munger
4. Improving Your Serve (US\$ 9.66) Charles Swindoll
5. How To Read The Bible For All Its Worth (US\$ 16.88) Stuart, Fee
6. How to Give Away Your Faith Paperback (US\$ 12.58) Paul E. Little
7. If (US\$5.79) Amy Carmichael
8. In the Name of Jesus (US\$ 8.99) Henri J. M. Nouwen
9. Your Work Matters to God (US\$14.59) Sherman and Hendricks

For Men only:

10. Point Man: How a Man Can Lead His Family (US\$9.41) Steve Farrar
11. If Only He Knew (US\$9.99) Gary Smalley

For Women only:

10. The Power Of A Praying Wife (US\$ 8.70) Stormie Omartian
11. For Better or for Best (US\$9.99) Gary Smalley
12. A Mother's Heart (US\$9.49) Jean Fleming

<sup>2</sup>Some personal testimonies:

“In all discipleship materials I have come across, this is the most effective”  
 “It is life-changing”.  
 “I have come to understand and find my life’s mission.”

Detach below

**TOTAL GROWTH COURSE AT VCBC - REGISTRATION FORM AND COVENANT**

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

I, \_\_\_\_\_, covenant with the church to faithfully participate in this course for its entire duration, except in the case of emergency.

\_\_\_\_\_

Signed

\_\_\_\_\_

Date